

## Allergies and Food Intolerance Policy

### Aim

Before a child starts at Woodland Corner, parents/carers are asked if their child has any known allergies or food intolerance. This information is recorded on the Admissions form. On going discussions must take place with parents/carers and where appropriate health professionals to develop allergy action plans for managing any known allergies and food intolerances. This information must be kept up to date on a child's Admissions form/online account and shared with all staff.

All staff must be aware of the symptoms and treatments for allergies and anaphylaxis and the difference between allergies and food intolerances

This policy should be read in conjunction with the following policies: Accidents and Emergency Treatments; Poorly Children; Administering Medicines.

- If a child has an allergy or food intolerance, a risk assessment form is completed with the following information:
  - the risk identified – the allergen (i.e. the substance, material or living creature the child is allergic to such as nuts, eggs, bee stings, cats etc.)
  - the level of risk, taking into consideration the likelihood of the child coming into contact with the allergen
  - control measures, such as prevention from contact with the allergen
  - review measures
- Allergy Action Plan form must be completed with:
  - the nature of the reaction e.g. anaphylactic shock reaction, including rash, reddening of skin, swelling, breathing problems etc.
  - managing allergic reactions, medication used and method (e.g. EpiPen)
- The child's name is added to the Dietary Requirements list.
- A copy of the risk assessment and Allergy Action plan is kept in the kitchen and one in the yellow folder in the filing cabinet and is shared with all staff and a photo of the child is displayed in the kitchen.
- Parents/carers show staff how to administer medication in the event of an allergic reaction.
- Generally, no nuts or nut products are used within the setting.
- Parents/carers are made aware, so that no nut or nut products are accidentally brought in.
- Any foods containing food allergens are identified on children's menus.

### Oral Medication

- Oral medication (which includes asthma inhalers) must be prescribed or have manufacturer's instructions written on them.
- Staff must be provided with clear written instructions for administering such medication.
- All risk assessment procedures are adhered to for the correct storage and administration of the medication.
- The setting must have the parents/carers' prior written consent. Consent is kept on file.

For other life-saving medication and invasive treatments please refer to 04.2 Administration of medicine.

This policy was adopted at a meeting of	Woodland Corner
Held on (date) 11 <sup>th</sup> March 2026	
Signed on behalf of the Management Committee	
Role of signatory (e.g. chairperson etc.)	Jess Brown Chairperson
Review date	March 2027